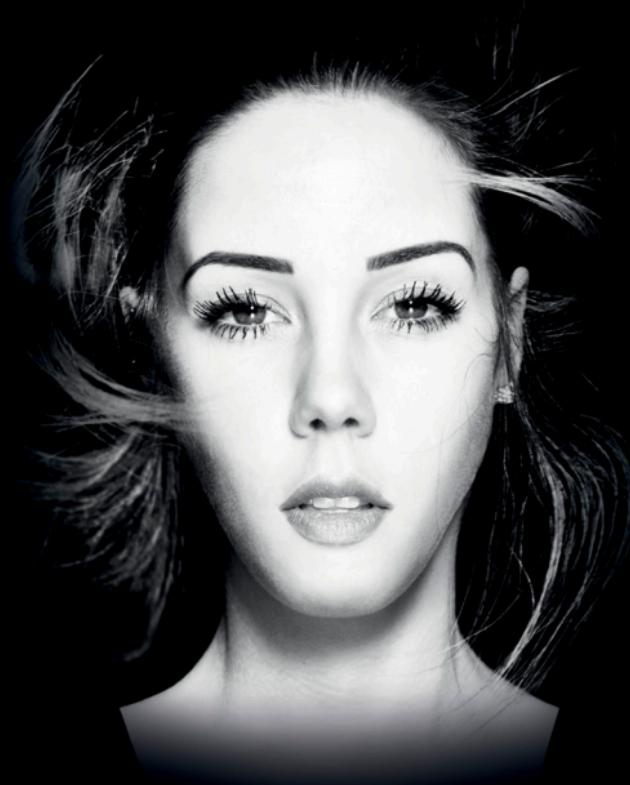


ASHLEY GAMBLE
BEAUTY

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AG OUR BEAUTICIAN

EMILY

As 'Beauty Therapist' at Ashley Gamble, Emily only delivers perfection.

Her ability to transform appearances makes her the hottest beautician for miles around. You only have to look at the services Emily provides in our new Ashley Gamble Beauty book to know you're in good hands.

Our new beauty room is pure luxury. Emily's attention to detail and friendly nature allows any clients to melt away the stresses of the outside world.



Pevonia

Pevonia is an elite spa care line chosen by prestigious spas worldwide, providing effective skincare solutions for women and men of every age and ethnicity.

The finest of oceans and earth... nature's purest holistic botanical and marine elements synergise with high-tech manufacturing to deliver outstanding visible results and an unsurpassed spa experience.

An affinity with nature... Pevonia maintains a harmonious balance with precious resources by offering fully recyclable, completely biodegradable packaging and refraining from any form of animal testing.

Éminence

Éminence Organic Skincare was founded in Hungary more than 50 years ago.

Family knowledge of the beneficial properties of fruits, herbs and spices has spanned several generations.

To this day, the precious ingredients are hand-picked and hand-made in small batches, without harsh chemicals, parabens, mineral oils, dyes or perfumes.





Jessica

A world-leading brand in nail care since the 1970s, Jessica maintains naturally beautiful nails.

Jessica GELeration

Jessica Gel polish is gentle on your nails and protects them while they grow. There is no chipping, fading or smudging and the nails stay flawless for up to 4 weeks.

LVL Lashes

A stunning alternative to eyelash extensions, LVL stands for Length, Volume and Lift. LVL has been designed to enhance your own eyelashes by straightening and lifting them in order to create the illusion of longer, thicker natural lashes.

Lash Perfect

An individual lash-on-lash treatment. Lash Perfect uses the finest medical grade adhesive that is EU compliant and comes with an allocated ISO number.

Lycon Wax

Using only the finest resins, natural ingredients and aromatherapy oils, Lycon delivers superior depilatory performance, removing stubborn hair.

HD Brows

A unique treatment for creating perfectly well-groomed, high definition eyebrows. The HD Brows procedure transforms the way you look and, more importantly, how you feel. Unlike other eyebrow treatments that use a 'one shape fits all' technique, HD Brow stylists assess each individual's face shape and colouring before creating bespoke brows, tailored exclusively for the client. HD Brow stylists can transform a face to such an extent that the effect has been likened to a mini facelift.

St. Tropez

The UK's most desirable tanning brand. St. Tropez gives a beautiful golden glow and works with your skin's natural pigment to give most natural, streak-free results.

[AG] BEAUTY ROOM

The perfect addition to our dual-floor salon, the Beauty Room at Ashley Gamble provides a relaxing, luxurious sanctuary from the stresses and strain of modern life, right in the heart of Shifnal.

Whether you're detoxing, distressing, or preparing for Summer, the team at Ashley Gamble will pamper you in style.





AG FACIAL TREATMENTS

All facial treatments, including our Unique Facial Massage, are bespoke to your skin's individual needs.

Therefore, when booking an appointment, please discuss any concerns or special requirements your concerns with our Front of House team who will advise you accordingly.

Please note, if you have not received a facial treatment within the last 2 - 3 months we advise both our new and existing clients a minimum of 60 minutes for a prescriptive facial to achieve optimum results.

After an initial consultation, your Facialist will formulate your treatment plan, using a combination of techniques and disciplines to achieve the best results.

- **Dry, Deeply Dehydrated Skin Facial**
- **Sensitive Skin Facial**
- **Deep Pore Cleansing Facial**
- **Luminous Skin & Smoothed Wrinkles**
- **Luminous & Firm Skin – Elastin**
- **Luminous & Refined Pores – DNA**
- **Luminous & Oxygenated Skin**

[AG] FACIAL MASSAGE

Express Facial

30 min

£ 35

This mini facial is ideal for those on the go. Your skin is cleansed, lightly exfoliated and gently massaged. A pore-refining mask is then applied, followed by a veil of light moisturiser. Mask options: Sensitive, Dry, Oily, Combination, Acne.

Prescriptive Facial

1 hr

£ 55

A universal treatment for all skin types. This facial is personalised and tailored to accommodate the needs of your skin. Includes professional skin diagnosis, deep cleansing, ampoule, massage and mask. An ideal facial to introduce your skin to the unadulterated pure and active products within the Pevonia Botanica line. Outstanding results for every skin type!

Lumafirm™ Lift & Glow Face And Eye Therapy

Seeking a treatment with amazing instant results? Redefining radiance and facial contouring, this exclusively formulated treatment features the latest in freeze-dried technology to deliver instant results and cumulative skin care benefits. Ideal for any skin type showing signs of ageing or as the perfect instant repair boost when you want to look your absolute best. Performance driven, this facial features the best anti-ageing ingredients, rendering the skin ultra-luminous with a firmer, tighter and more youthful defined appearance. Includes an anti-ageing powerful trio of actives; Sorghum, Kombucha, Diacetyl Boldine to take your eyes back in time as they firm, lift, brighten and smooth wrinkles around the delicate eye area.

1 hr 30 £ 70

[AG] BRIGHT EYES

4 Step Bright Eyes

Optional Extra £ 10

This treatment uses fruit enzymes to gently exfoliate your skin, followed by the application of products containing raspberries and shea butter to deeply hydrate.

Finally, relieve puffy, strained eyes with cooling cucumber, cedar and eyebright and finish with iron-rich wild plum cream.

These facial massages simply use a unique blend of organic essential oils.

AG

“A WOMAN IS HELPLESS
ONLY WHILE HER
NAIL POLISH IS DRYING”



[AG] BODY MASSAGE

Vitality Massage

1 hr £ 60

The ultimate resolution to help invigorate your body back to feeling normal and human again! Energising and revitalising, Rosemary and Grapefruit extracts blend to uplift the spirit, stimulate alertness, and counteract lethargy, while clearing the mind and increasing concentration. This specialised massage therapy is ideal for those who have experienced a long journey and are feeling the effects of travelling or who feel deflated, diffused and sluggish. Awaken your senses and enhance your mood with an infusion of aromatherapy scents combined with specialised massage techniques.

Serenity Aroma Massage

1 hr £ 60

This tailor-made massage offers a tranquil escape from every day trials and tribulations by incorporating a pure concentration of Lavender extract renowned for relieving stress and inducing relaxation whilst counteracting feelings of anxiety and apprehension. This treatment will help you overcome concerns such as sleep deprivation, fatigue, tension, aches, stress, mental or physical. To help you reach your desired results, your therapist will target specific pressure points, stretching and deep tissue technique to invigorate, re-align and restore balance. The perfect solution to help you relax, unwind, release and re-balance in the tranquil comfort of simple peace and quiet.

Recovery Massage

1 hr £ 60

Cleanse, decongest and release tension with therapeutic Eucalyptus and Camphor which unite to deliver stimulating benefits while promoting warmth and healing, improving respiration, circulation and lymph flow. If you're feeling under the weather or suffering from seasonal allergies and your immune system needs a boost, this deep-tissue anti-inflammatory massage therapy will help to relieve these symptoms whilst you relax and inhale the soothing, natural decongesting aromas.

Aromatherapy back massage

30 min £ 30

Indian head massage

30 min £ 30

All massages are tailored to each individual clients needs



BODY TREATMENTS

Body Polish 30 min £ 25

Rejuvenates your skin from head to toe with an exfoliating body treatment of raw cane sugar, blueberry and soy. A cinnamon paprika body lotion is applied to detoxify and firm the skin.

Blueberry Bliss Body Wrap 1 hr 15 £ 55

Perfect for getting your body summer-ready.

Your therapist buffs your skin smooth with raw cane sugar, blueberries and soy, then applies a toning and tightening blueberry preserve, rich in skin-firming herbs and spices. Circulation is stimulated, which helps refine and strengthen skin structure.

To finish, you will receive a relaxing body massage using all the antioxidant benefits of blueberry and soy yoghurt.

Cellulite Busting Treatment 1 hr 15 £ 55

The natural, organic way to target cellulite and firm up the stubborn skin tissue. First your therapist wraps you in a stimulating mix of herbs and spices to increase circulation, then follows with a deep tissue massage on the targeted areas of concern using a firming and warming body lotion. This herbal wrap is extremely successful and delivers beautiful results, best seen over a course of treatments - your therapist will advise you accordingly.

Tropical Saltmousse Glow 30 min £ 40

A spa exfoliating treatment unlike any other! This Saltmousse Glow will remove dead skin cells and impurities whilst releasing negative ions to counteract damaging environmental pollutants. As water is added to the Saltmousse, the skin is polished with this aromatic scrub. As it pleasantly foams it naturally rehabilitates the skin leaving a youthful smooth surface. Select from: Pineapple-Papaya; repairing, smoothing and rejuvenating or Mango-Passion Fruit; firming, brightening and invigorating.

[AG] ST. TROPEZ TANNING

Manually applied for ultimate Bronzed-Goddess, streak-free results.
An application of tanning milk, which is buffed into the skin to achieve
an even, natural golden glow.

30 min £ 25

Exfoliate before treatment.
Wear loose clothing so not to disturb the tan.
We recommend you do not shower for up to 12 hours after treatment.





“YOU CAN BE GORGEOUS AT THIRTY
CHARMING AT FORTY
AND IRRESISTIBLE FOR THE
REST OF YOUR LIFE”



[AG] HD BROWS AND EYELASH TREATMENTS

HD BROWS

1st appointment (<i>includes full consultation</i>)	30 min	£ 30
HD Top-up	20 min	£ 25
HD Eyebrow shape (<i>no tinting</i>)	15 min	£ 15

EYEBROWS & EYELASHES

Eyelash tint	15 min	£ 15
Eyebrow shape	15 min	£ 15

HD Top-up based on 3-4 weeks appointments.

Tinting services requires a skin test 48 hours prior to any treatments.





EYELASH TREATMENTS

LVL Lashes	45 min	£ 48	Lash Perfect	30 min	£ 20
For those who want to appear more alert and wide awake without the hassle of eyelash curlers and mascara everyday, our LVL Lashes treatment safely lifts and straightens your natural eyelashes, leaving you bright-eyed with lashes to die for - simply by making the most of what you already have.					
Strip Lashes	15 min	£ 15	Mascara Set	1 hr	£ 45
A strip of pre-bonded lashes are applied over the top of your natural eyelashes using a bonding agent which has been specifically formulated for use around the eye area. Please note, Strip Lashes are designed for one-off occasions and will only last for up to 12 hours.			This is a very modest set that will enhance your own lashes so they appear thicker, while maintaining a natural look.		
Corner Flicks	30 min	£ 25	Lash Perfect Removal	15 min	£ 15
Longer lashes are added to the outer corners of your eye only, to achieve very natural, sexy cat-eyes.					

[AG] JESSICA MANICURES

When it comes to natural nails, Jessica Cosmetics is considered a world leading brand, with a range of Jessica nail products to achieve and maintain naturally beautiful nails.

Movie stars, models and VIPs regularly have their nails manicured at the renowned Jessica Clinic on Sunset Boulevard, in Los Angeles.*

Express Manicure **30 min** **£ 20**

Nail and cuticle work, polish application.

Manicure **45 min** **£ 25**

Nail and cuticle work, hand and arm massage, buff and polish application.

Deluxe Manicure **1 hr** **£ 30**

Includes heated mitts.

Jessica Nail Polish to be used on all pedicures and manicures.

“
KEEP YOUR
HEELS, HEAD
AND STANDARDS
HIGH
”

[AG] JESSICA PEDICURES

Our feet are subjected daily to walking, running, sport and high heels. These numerous physical efforts mean that our feet need a little care and attention from time to time.

Express Pedicure **30 min** **£ 25**

Nail and cuticle work, polish application.

Heels and Toes **30 min** **£ 20**

Nail trim, file and hard skin removal. No polish.

Pedicure **1 hr** **£ 30**

Nail and cuticle work, hard skin removal, exfoliation up to the knee, relaxing massage, polish application.

Deluxe Pedicure **1 hr 15** **£ 35**

Includes all of the above, with the addition of heated booties to improve the general condition of the feet and help repair cracked skin on the heels.

Don't forget your flip flops...

[AG] JESSICA GELERATION

GELeration is an instant-drying, durable alternative to nail polish with a non-chip finish, promising 2-4 weeks of perfect nails. Not only gentle on the nail, it protects them as they grow - perfect for bitten, weak or problem nails that need a little nurture. What's more, you will love the unique signature colours in the JESSICA range.

Tidy up and GELeration application (Hands/Feet)	30 min	£ 25
GELeration Manicure	1 hr	£ 35
GELeration Pedicure	1 hr	£ 40

Additional charges may apply for soak offs.



[AG] WAXING

BODY WAXING

1/2 Leg	15 min	£ 15	<i>Lycon hot wax is used for all intimate areas.</i>	Lip or chin	10 min	£ 8
3/4 Leg	20 min	£ 20	Bikini Line	15 min	£ 12	Lip and chin
Full Leg	30 min	£ 25	G-string	20 min	£ 18	Side burns
Underarm	15 min	£ 10	Brazilian	30 min	£ 25	Half face
Forearm	15 min	£ 12	Hollywood	45 min	£ 30	Full face
Full Arm	20 min	£ 16				
Chest Wax	30 min	£ 25	FULL BODY WAXING			
Back wax	30 min	£ 25	Full Body Wax	3 hr	£ 90	
			Including Full Face	3 hr 30	£ 105	

THE *Perfect* GIFT



FACE THE WORLD

£ 135

Achieve optimum results with 60-minute personalised facial to suit every individual.

Repeated over a course of 3 treatments to enhance results.

Includes:

- 3 x Bespoke Facials



MOTHER TO BE

£ 115

Relieve those swollen ankles and pregnancy stresses by treating yourself to a moment of pampering.

Includes:

- Deluxe Manicure
- Deluxe Pedicure
 - Full Leg Wax
 - Bikini Wax
 - HD Brows



HERE COMES THE BRIDE

£ 200

Everything a bride to be would need to prepare for her special day.

Includes:

- Tropical Saltmousse Glow
- GEleration Manicure
- GEleration Pedicure
 - Full Leg Wax
 - Bikini Wax
 - LVL Lashes
 - HD Brows



HOLIDAY PREPARATION

£ 135

The time has come to pack your suitcase and prepare your body to look beautiful for that special holiday.

Includes:

- Tropical Saltmousse Glow
- GEleration Manicure
- GEleration Pedicure
 - Full Leg Wax
 - Bikini Wax



TREAT YOURSELF

£ 80

Because everyone deserves to treat themselves now and again.

Includes:

- GEleration Application
 - LVL Lashes
 - HD Brows

[AG] MALE GROOMING

FACIAL TREATMENTS

Pevonia for him is formulated to address the specific concerns for men. From repairing to hydrating to anti-aging, these treatments and products offer a complete, easy system for effective skincare suitable for men.

Express Facial 30 min £ 35

This mini facial is ideal for those on the go. Your skin is cleansed, lightly exfoliated and gently massaged. A pore-refining mask is then applied, followed by a veil of light moisturiser. Mask options: Sensitive, Dry, Oily, Combination or Acne.

Gentlemen's Facial

1 hr £ 55

A universal treatment for all skin types. This facial is personalised and tailored to accommodate the needs of your skin. Includes professional skin diagnosis, deep cleansing, ampoule, massage and mask. An ideal facial to introduce your skin to the unadulterated pure and active products within the Pevonia Botanica line.

Outstanding results for every skin type!

Choose from any of the following Prescriptive facials:

- Dry, Deeply Dehydrated Skin Facial
- Sensitive Skin Facial
- Deep Pore Cleansing Facial
- Luminous Skin & Smoothed Wrinkles
- Luminous & Firm Skin – Elastin
- Luminous & Refined Pores – DNA
- Luminous & Oxygenated Skin

LumafirmTM Lift & Glow Face and Eye Therapy

1 hr 30 £ 70

Seeking a treatment with amazing instant results? Redefining radiance and facial contouring, this exclusively formulated treatment features the latest in freeze-dried technology to deliver instant results and cumulative skin care benefits. Ideal for any skin type showing signs of ageing or as the perfect instant repair boost when you want to look your absolute best. Performance driven, this facial features the best anti-ageing ingredients, rendering the skin ultra-luminous with a firmer, tighter and more youthful defined appearance. Includes an anti-ageing powerful trio of actives; Sorghum, Kombucha, Diacetyl Boldine to take your eyes back in time as they firm, lift, brighten and smooth wrinkles around the delicate eye area.

BODY TREATMENTS

Tropical Saltmousse Glow 30 min £ 25

A spa exfoliating treatment unlike any other! This Saltmousse Glow will remove dead skin cells and impurities whilst releasing negative ions to counteract damaging environmental pollutants. As water is added to the Saltmousse, the skin is polished with this aromatic scrub. As it pleasantly foams it naturally rehabilitates the skin leaving a youthful smooth surface. Select from: Pineapple-Pa- paya; repairing, smoothing and rejuvenating or Mango-Passion Fruit; firming, brightening and invigorating.

BODY MASSAGE

Recovery Massage 1 hr £ 60

Cleanse, decongest and release tension with therapeutic Eucalyptus and Camphor which unite to deliver stimulating benefits while promoting warmth and healing, improving respiration, circulation and lymph flow. If you're feeling under the weather or suffering from seasonal allergies and your immune system needs a boost, this deep-tissue anti-inflammatory massage therapy will help to relieve these symptoms whilst you relax and inhale the soothing, natural decongesting aromas.

Aroma back massage 30 min £ 30**Indian head massage** 30 min £ 30**Serenity Aroma Massage** 1 hr £ 60

This tailor-made massage offers a tranquil escape from every day trials and tribulations by incorporating a pure concentration of Lavender extract renowned for relieving stress and inducing relaxation whilst counteracting feelings of anxiety and apprehension. This treatment will help you overcome concerns such as sleep deprivation, fatigue, tension, aches, stress, mental or physical. To help you reach your desired results, your therapist will target specific pressure points, stretching and deep tissue technique to invigorate, re-align and restore balance. The perfect solution to help you relax, unwind, release and re-balance in the tranquil comfort of simple peace and quiet.

All massages are tailored to each individual clients needs.

[AG] MALE GROOMING

WAXING

Eyebrow	15 min	£ 15
Nose	15 min	£ 10
Ears	15 min	£ 10
Chest	20 min	£ 20
Stomach	20 min	£ 15
Chest and Stomach	30 min	£ 30
Full back	30 min	£ 25
Lower back	15 min	£ 15
Shoulders	15 min	£ 15
½ arm	15 min	£ 14
Underarm	15 min	£ 12
Full arm	15 min	£ 18

HD BROWS

1st appointment	45 min	£ 30
Includes full consultation.		
Follow up appointments	30 min	£ 25
HD Top-up based on 3-4 weeks appointments. Tinting services requires skin test 48 hours prior to any treatments.		

HAND TREATMENTS

Cut file and buff	15 min	£ 15
Cut, file, nail and cuticle work, hand and arm massage buff to finish.		

JESSICA FOOT TREATMENTS

Heels and toes nail trim	30 min	£ 20
File and hard skin removal, no polish.		
Jessica feet, nail and cuticle work	50 min	£ 25
Hard skin removal, exfoliation up to the knee, with a relaxing massage to finish.		



AG

“LOVE OF BEAUTY IS TASTE,
THE CREATION OF BEAUTY IS ART”

ASHLEY GAMBLE BEAUTY

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